

## Pay It Forward

---

Can a movement start with one person? The proposed experiment: do a really big favor for someone and instead of the recipient paying you back, they pay it *forward*. That is, they repay the good deed with good deeds to three new people and thus the cycle begins.



The *Pay It Forward* concept was first articulated in Catherine Ryan Hyde's novel, but it has since taken on a life of its own since hitting the big screen. In the 2000 film, the *Pay it Forward* concept originates when Eugene Simonet (Kevin Space) challenges his seventh grade class to come up with an assignment to change the world. Trevor (Haley Joel Osment) rises to the challenge and formulates a plan that extends beyond the classroom walls and into the hearts and souls of those affected.

What I find so compelling about this movie is not that it kept me entertained on a rainy Sunday afternoon (which has become increasingly harder these days), but that it has the power to speak to every one of us. It actually asks something of us and makes us consider what role we play in the larger picture.

Today I'm doing you a favor by saying this is a must-see movie. Will you pay the favor forward?

 [on the \*Pay it Forward\* movement!](#)

### Related Links:

- [Check out the \*Pay it Forward\* movie website](#)
- [Go to the \*Pay it Forward\* foundation website](#)
- [Read more Tamarack reviews!](#)

By: Laura Antal