

Code Red - 21 years between rich and poor

The Hamilton Spectator and researchers affiliated with McMaster University have completed over three years of research that demonstrate that where you live dramatically affects your health. The research, based on 24 health and socioeconomic indicators, shows that average life expectancy in Hamilton's richest and poorest neighbourhoods differs by more than 21 years. [Code Red](#), the Spectator's series on the research, provides details on how the research was conducted, interactive maps, videos and slideshows as well as stories on factors that contribute to the disparities and possible solutions. Members and staff of the [Hamilton Table for Poverty Reduction](#) were part of the project and are quoted throughout.